

|                                          | LISTE DES 14 ALLERGENES MAJEURS*** |           |          |            |      |           |      |         |                 |        |          |                   |       |          |
|------------------------------------------|------------------------------------|-----------|----------|------------|------|-----------|------|---------|-----------------|--------|----------|-------------------|-------|----------|
| 12/01/2026                               | Gluten                             | Crustacés | Poissons | Mollusques | Œufs | Arachides | Soja | Lactose | Fruits à coques | Céleri | Moutarde | Graines de sésame | Lupin | Sulfites |
| Céleris bio rémoulade                    |                                    |           |          |            | X    |           |      |         |                 | X      | X        |                   |       | X        |
| Carottes et choux rouges bio vinaigrette |                                    |           |          |            |      |           |      |         |                 |        | X        |                   |       | X        |
| Salade verte bio                         |                                    |           |          |            |      |           |      |         |                 |        | X        |                   |       | X        |
| Bio émincé végétal courgette et curry    | X                                  |           |          |            |      |           | X    | X       |                 |        | X        |                   |       |          |
| Bolognaise de bœuf bio                   | X                                  |           |          |            |      |           |      |         |                 |        |          |                   |       | X        |
| Pennes bio & fromage râpé                | X                                  |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Haricots verts bio persillés             |                                    |           |          |            |      |           |      |         |                 |        |          |                   |       |          |
| Yaourt bio aromatisé fraise              |                                    |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Brie bio                                 |                                    |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Gâteau cake au citron                    | X                                  |           |          |            | X    |           |      | X       |                 |        |          |                   |       | X        |
| Cookies                                  | X                                  |           |          |            | X    |           | X    | X       |                 |        |          |                   |       |          |
| Corbeille de fruits bio                  |                                    |           |          |            |      |           |      |         |                 |        |          |                   |       |          |
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\*\*\*La présence des allergènes majeurs présentés ci-dessus ne concerne que les ingrédients introduits volontairement dans la recette du produit.

\*\*\*La présence fortuite d'autres allergènes majeurs (contamination involontaire par contact avec d'autres produits lors de la fabrication ou lors du stockage) n'est pas impossible.

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| 13/01/2026                                  | Gluten                             | Crustacés | Poissons | Mollusques | Œufs | Arachides | Soja | Lactose | Fruits à coques | Céleri | Moutarde | Graines de sésame | Lupin | Sulfites |
| Salade de lentilles bio                     |                                    |           |          |            |      |           |      |         |                 |        | X        |                   |       | X        |
| Salade de pommes de terre bio               |                                    |           |          |            |      |           |      |         |                 |        | X        |                   |       | X        |
| Salade verte bio                            |                                    |           |          |            |      |           |      |         |                 |        | X        |                   |       | X        |
| Tajine de courge pois chiches et raisin bio | X                                  |           |          |            |      |           |      |         |                 |        | X        |                   |       | X        |
| Bio émincé de veau jus aux herbes           | X                                  |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Semoule bio parfumée                        | X                                  |           |          |            |      |           |      |         |                 |        | X        |                   |       |          |
| Petits pois carottes bio                    | X                                  |           |          |            |      |           |      |         |                 |        |          |                   |       |          |
| Faisselle bio + sucre                       |                                    |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Emmental bio                                |                                    |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Banane bio coulis de chocolat               |                                    |           |          |            |      |           |      |         |                 |        |          |                   |       |          |
| Kiwi bio                                    |                                    |           |          |            |      |           |      |         |                 |        |          |                   |       |          |
| Corbeille de fruits bio                     |                                    |           |          |            |      |           |      |         |                 |        |          |                   |       |          |
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|--------------------------------------------------------|------------------------------------|-----------|----------|------------|------|-----------|------|---------|-----------------|--------|----------|-------------------|-------|----------|
| 15/01/2026                                             | Gluten                             | Crustacés | Poissons | Mollusques | Œufs | Arachides | Soja | Lactose | Fruits à coques | Céleri | Moutarde | Graines de sésame | Lupin | Sulfites |
| Salade coleslaw bio                                    |                                    |           |          |            | X    |           |      |         |                 |        | X        |                   |       | X        |
| Endive bio mimolette                                   |                                    |           |          |            |      |           |      | X       |                 |        | X        |                   |       | X        |
| Salade verte bio                                       |                                    |           |          |            |      |           |      |         |                 |        | X        |                   |       | X        |
| Parmentier végétarien à l'égrené de pois (plat unique) | X                                  |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Boulettes de soja tomate basilic                       | X                                  |           |          |            |      |           | X    |         |                 |        |          |                   |       | X        |
| Purée de pommes de terre bio                           |                                    |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Courgettes bio persillées                              |                                    |           |          |            |      |           |      |         |                 |        |          |                   |       |          |
| Yaourt nature bio + sucre                              |                                    |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Saint Nectaire                                         |                                    |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Fromage blanc bio éclats de spéculoos                  | X                                  |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Bio flan vanille nappé caramel                         |                                    |           |          |            |      |           |      | X       |                 |        |          |                   |       |          |
| Corbeille de fruits bio                                |                                    |           |          |            |      |           |      |         |                 |        |          |                   |       |          |
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| 16/01/2026                          | Gluten                             | Crustacés | Poissons | Mollusques | Oeufs | Arachides | Soja | Lactose | Fruits à coques | Céleri | Moutarde | Graines de sésame | Lupin | Sulfites |
| Taboulé bio                         | X                                  |           |          |            |       |           |      |         |                 |        |          |                   |       | X        |
| Salade mexicaine bio                |                                    |           |          |            |       |           |      |         |                 |        | X        | X                 |       | X        |
| Salade verte bio                    |                                    |           |          |            |       |           |      |         |                 |        | X        |                   |       | X        |
| Bio oeufs brouillés poivronnade     |                                    |           |          |            | X     |           |      |         |                 |        |          |                   |       |          |
| Filet de poisson meunière et citron | X                                  |           | X        |            |       |           |      | X       |                 |        |          |                   |       |          |
| Mélange céréales bio                | X                                  |           |          |            |       |           |      |         |                 |        |          |                   |       |          |
| Epinards bio à la crème             | X                                  |           |          |            |       |           |      | X       |                 |        |          |                   |       |          |
| Yaourt bio aromatisé abricot        |                                    |           |          |            |       |           |      | X       |                 |        |          |                   |       |          |
| Pont l'Evêque                       |                                    |           |          |            |       |           |      | X       |                 |        |          |                   |       |          |
| Orange bio                          |                                    |           |          |            |       |           |      |         |                 |        |          |                   |       |          |
| Salade de fruits frais bio          |                                    |           |          |            |       |           |      |         |                 |        |          |                   |       |          |
| Corbeille de fruits bio             |                                    |           |          |            |       |           |      |         |                 |        |          |                   |       |          |
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